

**HOLIDAY CLOSURES**

**Labor Day**

Monday 9/3: Closed all day

**Columbus Day**

Monday 10/8: Closed all day

**COMMUNITY YOGA**

**Wednesdays | 9:15-10:30 a.m.**

WATERTOWN SAVINGS BANK ROOM

Drop-in yoga sessions practiced in a variety of styles. Open to ages 12 & up. Please bring your own yoga mat and small blanket. Limited each week to the first 30 people, so come early!

**Yoga will not meet on 9/12.**



**IN THE GALLERY**



SEPTEMBER

**Fantasy Illustration by GP Vahan**



OCTOBER

**Our Commonwealth Photographs by Joseph Weiler**

**GHOSTS AND LEGENDS WITH JEFF BELANGER**

**Friday 10/19 | 4 p.m.**

WATERTOWN SAVINGS BANK ROOM

Prepare to explore the unexplained with Jeff Belanger, one of New England's foremost storytellers and paranormal researchers.

He's the award-winning, Emmy-nominated host, writer, and producer of the *New England Legends* series on PBS and Amazon Prime, and is the author of over a dozen books on the paranormal (published in six languages). He also hosts the popular New England Legends weekly podcast.



Belanger has written for newspapers like *The Boston Globe* and *USA Today* and is the series writer and researcher for *Ghost Adventures* on the Travel Channel. He's been a guest on hundreds of radio and television programs, and has interviewed thousands of eyewitnesses to paranormal occurrences since 1997.

This will be an afternoon you won't forget! All ages are welcome.

**THE WILDLIFE OF MOUNT AUBURN CEMETERY**

**Tuesday 9/25 | 7 p.m.**

WATERTOWN SAVINGS BANK ROOM

Join Mount Auburn Cemetery's Wildlife Conservation and Sustainability Manager Paul Kwiatkowski as he discusses urban wildlife and the many and varied resident species of Mount Auburn Cemetery, and the habitat that supports them.



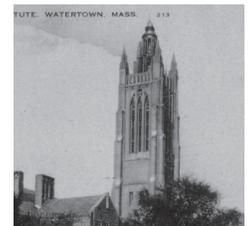
Paul will talk about the biodiversity research taking place at Mount Auburn Cemetery, and the citizen science program that he implemented.

**CULTIVARS & COTTAGES: THE HISTORY OF PERKINS IN WATERTOWN**

**Tuesday 10/23 | 7 p.m.**

WATERTOWN SAVINGS BANK ROOM

Perkins School for the Blind moved to Watertown from South Boston in 1912, onto a property with a long history. You can see and hear the bells in the iconic bell tower all over Watertown, but there's a lot more to learn about the school's Watertown home. If you're curious about what's behind the gates and walls of the campus, join us to learn about the earlier owners, and about dahlias, pear trees, accessible architecture, and the mysteries of Dead Horse Pond.



Presenter Jennifer Arnott has been the Research Librarian at Perkins School for the Blind since May of 2015 and loves sharing details of Perkins' history with others.

**MOVIE MONDAYS**

**Mondays | 6:30 p.m.**

WATERTOWN SAVINGS BANK ROOM

Movies are free and open to all. Popcorn available for just 50¢!

9/3: Library Closed

9/10: **The Rider** [R]

9/17: **Won't You Be My Neighbor?** [PG-13]

9/24: **Book Club** [PG-13]

10/1: **First Reformed** [R]

10/8: Library Closed

10/15: **RBG** [PG]

10/22: **Ocean's Eight** [PG-13]

10/29: **Solo** [PG-13]

## URBAN FORAGING\*

Saturday 10/6 | 11 a.m. -12:30 p.m.

MEET IN WATERTOWN SAVINGS BANK ROOM AT THE LIBRARY

Take a walk on the wild (food) side! Join Dr. David Craft, Harvard Medical School researcher and local urban foraging expert on a walk around Watertown.



Tasty wild plants grow abundantly throughout the area, and on your ramble, you will learn how to identify, harvest, and use the wild greens and other edible plants that grow freely all around you.

\*Registration is required and begins 3 weeks prior to the event at the Reference Desk, 617-972-6436 or [wfpl.eventbrite.com](http://wfpl.eventbrite.com).

## DEMOCRACY TALKS

### WHAT DOES IT TAKE TO BECOME A U.S. CITIZEN?

Tuesday 9/18 | 7 p.m.

WATERTOWN SAVINGS BANK ROOM



All are welcome at this open forum about the naturalization process, featuring Project Literacy citizenship instructor Anne Benaquist and a panel of new Americans.

If you were born a U.S. citizen, you might be surprised by the ins and outs of becoming one! If you're thinking of applying for citizenship yourself (or helping someone else), this event will help you know what to expect.

## SELF DEFENSE SEMINAR\*

Saturday 9/22 | 12:30-2 p.m.

WATERTOWN SAVINGS BANK ROOM



We'll cover some basic self defense skills, lowering your victim profile, and increasing situational awareness. Our Self Defense Seminar is open to all patrons (ages 14 and older). No experience required! Please wear comfortable, stretchy clothes, sneakers, etc. and bring a water bottle with you to remain hydrated. The seminar will be taught by Master Nick Theodorou, a 6th degree black belt in Japanese Jiu Jitsu. Learn more about him and his school at [bostonselfdefense.com](http://bostonselfdefense.com).

\*Registration is required and begins 3 weeks prior to the event at the Reference Desk, 617-972-6436 or [wfpl.eventbrite.com](http://wfpl.eventbrite.com).

Presented by Live Well Watertown, a Watertown Health Department program:

## INCREASE RESILIENCE WITH MINDFULNESS\*

4 Wednesdays 9/19, 9/26, 10/3, 10/10 | 4-5 p.m.

WATERTOWN SAVINGS BANK ROOM

This 4-week class will teach you basic mindfulness and stress reduction tools, help you understand your emotions and triggers, and increase your ability to respond more positively to people and situations. Participants should plan to attend all four classes.

Taught by Stephanie Venizelos, Certified Health and Wellness Coach and Community Wellness Program Manager for the Watertown Health Department.

\*Registration is required and begins 3 weeks prior to the event at the Reference Desk, 617-972-6436 or [wfpl.eventbrite.com](http://wfpl.eventbrite.com).

THE FIFTH ANNUAL  
**WATERTOWN**  
*Free Public Library*

**BOOK IT AND RUN 5K**

**SATURDAY, SEPTEMBER 15 / 9:00 A.M.**

Participants of all ages and abilities are encouraged to participate.

**REGISTER**  
[WATERTOWNLIB.ORG/RUN](http://WATERTOWNLIB.ORG/RUN)

**DONATE**

Can't make it but still want to donate? Donations can be made by cash or check to the WFPL Building Committee, or online at [watertownlib.org/run](http://watertownlib.org/run)

**\$25 ADULTS**  
**\$20 AGES 10-17**  
**FREE AGES 9 & UNDER**

Proceeds benefit the WFPL Building Committee. The Building Committee supports library programs throughout the year.

**WFPL** WATERTOWN FREE PUBLIC LIBRARY  
123 Main St. Watertown MA 02472

## HEROIN(E)

Wednesday 9/26 | 7 p.m.

WATERTOWN SAVINGS BANK ROOM

Please join us for *Heroin(e)*, a short documentary spotlighting the efforts of three women dedicated to saving lives in an industrial West Virginia town, where the overdose rate is 10-times the national average. *Heroin(e)*, a Netflix original, chronicles the impressive efforts of a judge, a fire chief, and a lay clergy woman to break the devastating cycle of drug abuse and overdose. The 39-minute film focuses on a rarely seen side of the national epidemic: hope.

Locally, the Watertown police and fire departments responded to 43 opioid-related overdoses last year, and 29 so far this year. Members of the Watertown Task Force for Substance Use Disorder, along with police and fire personnel, are taking a proactive role in education, prevention, and treatment of people with substance use disorder and their families. Descriptions of local programs and a Q&A session will follow the film.

Sponsored by the Watertown Task Force for Substance Use Disorder and the Watertown Free Public Library.



## TEEN READ MONTH

Through October

This October is Teen Read Month and the Library is celebrating! During the month of October teen readers get chances to win backpacks full of books by reading for the fun of it. Come to the Teen Department to learn more and sign up.

The Teen Read Month is a national literacy initiative created by the Young Adult Library Services Association (YALSA). Its purpose is to encourage teens to be regular readers and library users.



## C.R.A.F.T.\*

Sundays 9/16 & 10/7 | 3 p.m.

LUCIA MASTRANGELO ROOM

CRAFT is a series of free DIY workshops for adults. We will provide supplies and instruction for you to **Create Random Amazing Free Things**. Bring your friends for an afternoon of inspiration, fun, and creativity.

**9/16: Macrame wall hanging**

**10/7: Spice blends**

\*Registration is required and begins 3 weeks prior to the event at the Reference Desk, 617-972-6436 or [wfpl.eventbrite.com](http://wfpl.eventbrite.com).



Photos are examples only.

## BETWEEN THE LINES: COLORING FOR ADULTS

Sundays 9/16 & 10/21 | 2-4 p.m.

RAYA STERN TRUSTEES ROOM



Get ready to de-stress and impress at the library (bragging rights only) during our monthly drop-in coloring sessions. Add some color to books featuring fearsome Game of Thrones characters, intricately drawn animals, fabulous destinations and a few expletives for good measure. Coloring materials and snacks will be provided.

## IMMIGRATION CLINIC

Wednesdays 9/19 & 10/17

6:30-8:30

STUDY ROOM 3

The Watertown Free Public Library & Kandilian Law Offices welcome you to attend our monthly walk-in immigration clinic offering free legal advice to our immigrant community.



## WEDNESDAY BOOK GROUP

1st Wednesday of the Month | 7 p.m.

LUCIA MASTRANGELO ROOM

Join our casual book discussion group. Books are available at the Circulation desk one month before the scheduled meeting date.

9/5: *Salt: A World History* by Mark Kurlansky

10/3: *Where'd You Go, Bernadette* by Maria Semple

11/7: *A Piece of the World* by Christina Baker Kline

## • MYSTERY LOVERS GROUP

• 2nd Tuesday of the month

• 9/11 & 10/9 | 7 p.m.

• RAYA STERN TRUSTEES ROOM

• Mystery lovers! Let's come together to discuss the mystery books we've read recently, bookshops we love, readings we've attended, etc. There is no assigned reading for this group.

•  
•  
•

## • COOK THE BOOKS

• 1st Wednesday of the month

• 9/5 & 10/3 | 7 p.m.

• CAFE

• It's a potluck at the library every month! Join us as we cook the cuisine of the world in 2018. Bring a dish based on the monthly theme, prepared from any cookbook, to share with the group.

• 9/5: Peruvian cuisine

• 10/3: Moroccan cuisine

## RESUME REVIEW WITH JOB SEARCH DIVAS\*

**Mondays 9/17 & 11/12 | 6-8 p.m.**

**Book a private 20-minute session**

STUDY ROOM 3

Need help making your skills and experience really shine? Want a professional resume but are struggling to pull the right words together? Elizabeth Gross from Job Search Divas will review your resume one on one, and provide recommendations to help strengthen it and give your experience more impact. Bring a printed copy of your most recent resume.



Elizabeth Gross is a former marketing executive at Monster.com, and is owner and "Head Diva" at Job Search Divas, where she offers a range of career-related services. Learn more at [jobsearchdivas.com](http://jobsearchdivas.com).

\*Registration is required and begins 3 weeks prior to the event at the Reference Desk, 617-972-6436 or [wfpl.eventbrite.com](http://wfpl.eventbrite.com).

## SMALL BUSINESS, BIG IMPACT: LEADERSHIP CHOICES AND VOICES - 4 PART SERIES\*

**Thursdays in September | 7 p.m.**

LUCIA MASTRANGELO ROOM

How do you evaluate your success as a leader? Yes, you own the company. Are you leading the company? Are you cultivating leadership in others? Does your intention match your impact? Participants will write self-imposed leadership commitments to improve your skills. This four-part series will build on each session and participation in all four sessions will have the most benefit. \*Registration is required and begins 3 weeks prior to the event at the Reference Desk, 617-972-6436 or [wfpl.eventbrite.com](http://wfpl.eventbrite.com).

## LIBRARY RESOURCES FOR JOB SEEKERS\*

**Saturday 10/6 | 2-3:30 p.m.**

LUCIA MASTRANGELO ROOM

Learn how to access free resources from the library that can assist you through career transitions, including Lynda.com, Reference USA, and Testing and Education Reference Center. We will also share tips on searching for jobs and completing applications online. \*Registration is required at the Reference Desk, 617-972-6436, or [wfpl.eventbrite.com](http://wfpl.eventbrite.com).

## LEARN SOMETHING NEW WITH THE LIBRARY\*

**Tuesday 9/18 | 2-3:30 p.m.**

LUCIA MASTRANGELO ROOM

It's never too late to learn something new, and the library can help! Find out how your library card can help you study a language; prepare for standardized tests; learn technology, design, and business skills; and much more. \*Registration is required at the Reference Desk, 617-972-6436, or [wfpl.eventbrite.com](http://wfpl.eventbrite.com).

## DROP-IN TECH HELP

**Thursdays**

Drop in for one-on-one assistance with basic computer and device questions. Bring your device with you if you can.

**9/6: 10-noon;** Study Room 3

**9/13: 7-8:45pm;** Raya Stern Trustees Room

**9/20: 10-noon;** Study Room 3

**9/27: 7-8:45pm;** Raya Stern Trustees Room

**10/4: 10-noon;** Study Room 3

**10/11: 7-8:45pm;** Raya Stern Trustees Room

**10/18: 10-noon;** Study Room 3

**10/25: 7-8:45pm;** Raya Stern Trustees Room

## COMPUTER CLASSES\*

LUCIA MASTRANGELO ROOM

\*Registration is required for all computer classes and begins 3 weeks prior to the class. Register at the Reference Desk, 617-972-6436, or [wfpl.eventbrite.com](http://wfpl.eventbrite.com).

### Introduction to Computers for Absolute Beginners

**Saturday 9/8 | 1:00-4:00 p.m.**

### Intro to the Internet

**Tuesday 9/11 | 6:30-8:30 p.m.**

### Intro to Social Media

**Wednesday 9/12 | 6:30-8:30 p.m.**

### Learn Something New with the Library

**Tuesday 9/18 | 2:00-3:30 p.m.**

### Stream & Download for Free with the Library: Books & Audiobooks

**Wednesday 9/19 | 6:30-8:30 p.m.**

### Cloud 101

**Tuesday 9/25 | 2:00-3:30 p.m.**

### Stream & Download for Free with the Library: Music, Movies & More

**Wednesday 9/26 | 6:30-8:30 p.m.**

### Microsoft Excel (3-week class)

**Tuesdays 10/9, 10/16 & 10/23  
6:30-8:30 p.m.**

### Library Resources for Job Seekers

**Saturday 10/6 | 2-3:30 p.m.**

### Intro to Gmail and Google Apps

**Wednesday 10/10 | 6:30-8:30 p.m.**

### Cutting the Cord: Getting Rid of Cable

**Wednesday 10/24 | 6:30-8:30 p.m.**

### Privacy Basics

**Tuesday 10/30 | 6:30-8:30 p.m.**

### Secure Your Smartphone

**Tuesday 11/6 | 6:30-8:30 p.m.**

